

Moving on Mental Health Toronto

Toronto Lead Agency

October 2015 Update

Issue Date: Nov. 11, 2015

Toronto's Lead Agency

East Metro Youth Services was named a Lead Agency under the Moving on Mental Health (MOMH) action plan for the Toronto service area in February 2015.

MOMH is an important part of Ontario's comprehensive Mental Health and Addictions Strategy. The plan ensures children, youth and families are able to get mental health services in their communities that are accessible, responsive and based on the experiences of the children and youth who need help.

Lead agencies are tasked with ensuring core, community-based child and youth mental health services are available in their service area and collaborating with other community partners. Strengthening the community-based system for delivering mental health services will bring people and organizations closer together locally and benefit everyone.

Visit our [Toronto Lead Agency page](#) for updates, resources and tools.

In This Update:

- October: A month of making connections and progress
- Working Group Highlights
- Introducing new members of the project management team at EMYS



Message from Claire Fainer:

Making Connections, Making Progress

October was a month of both making connections and progress thanks to the hard work of our Working Groups. An overview of their October highlights and activities is included in this month's newsletter.

October seemed to race by. I think this is the feeling we all share. October meant that students are back in classes, back-to-school pressures are in full swing. Then, of course, there was Thanksgiving and family gatherings, and this year, Jays fever. It is a busy time of year for all of us, both personally and professionally.

On Oct. 8, 2015, East Metro Youth Services held its first-ever Annual General Meeting as Toronto Lead Agency. In attendance were the Honourable Minister of Children and Youth Services and MPP Pickering-Scarborough East Tracy MacCharles and the Associate Minister of Finance, Mitzie Hunter, MPP Scarborough-Guildwood. We were honored to welcome attendees from your frontline staff and boards this year. This was a tremendous opportunity for all of us to foster connections and celebrate our progress. It was wonderful to see everyone joining together at our event.

Over these past few months, we have been demonstrating the power of Collective Impact – the approach we have been using to structure our work through this first year. Together we have affirmed our common agenda, we are working together to track our progress and looking for ways to continuously improve. We have established a process for continuous communications. We have grown our Toronto Lead Agency team to ensure leadership and support for our collective efforts.

Despite all of your other commitments, I have appreciated how much time our Working Group teams have already dedicated to supporting the Moving on Mental Health Toronto (MOMHTO) activities over the past few months. You've committed your time and shared your knowledge. Progress, assuredly, is being made. Our collaboration and your work are driving MOMHTO forward.

Together we will continue the work to transform infant, child and youth mental health in Toronto. My thanks to you all for your partnership.

Working Group Tools & Resources

Working group materials will be shared on an online portal site coming soon.

Who are the Core Services Agencies?

To see the complete list visit:

<http://emys.on.ca/toronto-agencies-working-together/>

Additional Resources & Tools:

- [Moving On Mental Health Ministry Overview & Information](#)
- [Collective Impact: Stanford Social Innovation Review](#)
- [The Promise of Lean Experimentation](#)
- [Centre of Excellence on Child and Youth Mental Health](#)
- [Toronto Lead Agency Page](#)

Do you have a question or feedback you would like to share?

Share your questions, comments and ideas via our new [feedback form](#)

Next 60 Days:

Nov. 22-24 - CMHO Conference –at Toronto Downtown Marriott Eaton Centre

Visit the new [Lead Agency Master Calendar](#)

Working Group October Updates

There are four core working groups currently compiling recommendations and approaches to Communications, Service Mapping, Centralized Point of Access and Knowledge, Information, Data, k/i/d/ Systems Performance Management. The Working Groups had busy October, advancing many of the actions discussed at the Sept. 9th MOMHTO meeting.

Communications Working Group Highlights

Chair: Tony Diniz, CEO, Child Development Institute (CDI).

The Core Services monthly communications newsletter was launched on Oct. 7, 2015 –created based on the feedback and recommendations of the Communications Working Group. The team has also completed a best practices review into effective community engagement approaches. Communications tools and resources are located [here](#).

Service Mapping Working Group Highlights

Chair: Donna Duncan, CEO, Hincks-Dellcrest

The Ministry-defined core services will be assessed, mapped and catalogued in the Toronto Service area using an online survey. The survey has been drafted, and was issued for testing and feedback October 23rd. The final survey based on feedback from our Core Services team is projected to go out in mid November.

Centralized Point of Access Highlights(CPA)

Chair: Heather Sproule, Executive Director, Central Toronto Youth Services

The working group has investigated and detailed other CPA approaches – having identified nine CPA initiatives across Toronto in support of other sectors such as special needs and healthcare. The group is holding a series of meetings to support their CPA research. The group is conducting a best practices/literature review to support their work.

Knowledge, Information, Data, k/i/d/ System Performance Management

Chair: Ewa Deszynski, Executive Director, The Etobicoke Children’s Centre

The Working Group is currently considering best practice strategies for data collection and integration. The team has been hosting subject-matter expert discussions regarding data collection. Sub working groups are surveying existing data and information systems in use to understand core agencies’ current IT and data management capacity. The working group is also monitoring how to support the work of the other committees, including common client evaluation measurement approaches.

Welcoming New Members of the Lead Agency Team

Project Managers, Janice Wiggins and Darren Fisher joined our Lead Agency team as of October 13, 2015. Both come with extensive experience on the health side of the non-profit sector and between them have experience at the local, provincial and national level. They have both have worked on complex issues, systems change and social justice/service. The Lead Agency team will support the Working Groups by providing meeting support to the Working Group Chairs, ensuring that knowledge is shared between Working Groups and providing resources to help the Working Groups achieve their core objectives. Janice and Darren can be reached at jwiggins@emys.on.ca and dfisher@emys.on.ca