

Changing Systems. Changing Lives.

2025 – 2026
Annual Report



VISION

Thriving children,
youth, families and
communities.

MISSION

We build strength and resilience
with infants, children, youth and
families, by providing equitable,
accessible, client-driven services,
system leadership and advocacy.

VALUES

- Excellence
- Collaboration
- Respect
- Courage

BOARD OF DIRECTORS

- Donna Chow, Chair
- Jason Pilz, Vice Chair
- Paul Huyer, Treasurer
- Bryan Heal, Secretary
- Lauren Dade, Past Chair
- Sibil Cicek
- Laura Jamer
- Vidya Rajasingam
- Zannalyn Robest
- Ragaven Sabaratnam
- Lin Sallay
- Alex Reid
- Parag Shah
- Preeti Varma



13,552

UNIQUE CLIENTS
RECEIVED SERVICES
AT STRIDES TORONTO
IN 2025/26

This past year
was defined by
more progress,
innovation, and
collaboration at
Strides Toronto.

Message from the Board Chair and President and CEO

Across our organization, we continued to respond to the increasingly complex needs of children, youth, and families while strengthening the systems that support them.

Whether through direct service delivery, system leadership, advocacy, or quality improvement, our mission remains the same: to improve outcomes for the children, youth and families we serve and create a more responsive, accessible, and equitable service system.

One of the year’s most significant achievements was receiving accreditation on 100% of the standards assessed by the Canadian Centre for Accreditation. This accomplishment reflects the dedication of our staff, leadership, clients, families, volunteers, and Board of Directors, and our shared commitment to delivering high-quality, client-centred care. We also strengthened our organizational capacity through a new senior leadership structure that will enhance coordination, accountability, and strategic alignment as Strides continues to grow and evolve.

A significant milestone and innovation was achieved this year when Strides opened the first residential treatment program in Toronto for young women who’ve been sex trafficked. This new program builds on Strides’ expertise in gender-based violence and residential treatment services. As the incidence of sex trafficking continues to increase, services like this one are critical.

This year marked the 20th anniversary of the Provincial Youth Outreach Worker Program. For two decades, the program has helped thousands of young people facing complex challenges by connecting them with trusted adults and community-based supports that foster resilience, safety, and hope.

Our commitment to Inclusion, Diversity, Equity, and Accessibility (IDEA) remains central to both our organization and our governance practices. Today, 62% of our Board members are women and 69% identify as members of equity-deserving groups, allowing us to continue exceeding the goals of the 50-30 Challenge in governance. The Board of Directors continued to provide strong governance and strategic leadership throughout the year. Directors participated in governance education focused on the experiences of 2SLGBTQIA+ youth, helping deepen their understanding of systemic barriers and inform future decision-making. The Board also values its strong partnership with the executive leadership team.

Beyond our organization, Strides continues to play a leadership role in shaping the future of infant, child and youth mental health in Toronto. In Strides’ Lead Agency role, we are collaborating with partners to advance sector initiatives such as Help Ahead (central intake in Toronto) and One Stop Talk/Parlons maintenant (provincial virtual brief services) to improve access and create more coordinated pathways to service. We also continue to advocate for the investments needed to sustain a strong community-based workforce and meet the growing demand for services.

The complexity of children’s mental health needs continues to evolve. Reports such as the Thrive Toronto Mental Health Report Card continue to highlight the pressures facing children, youth, and families, particularly those from equity-deserving communities. These realities reinforce the importance of continuing to innovate, collaborate, and advocate for a system that better meets the needs of those we serve.

As we conclude the final year of our first strategic plan as an amalgamation of Aisling Discoveries Child and Family Centre and East Metro Youth Services, we are also looking ahead. Our next strategic plan will build on this solid foundation, while identifying new opportunities to strengthen services, deepen partnerships, and expand our leadership within the sector.

None of this work would be possible without the dedication and unwavering support of our staff, Board of Directors, clients, families, volunteers, funders, donors and community partners. Special recognition for our employees, who consistently go above and beyond to meet the needs of clients, improve systems and provide the supports needed in programs. Together, we are creating meaningful change—not only in the lives of individual children, youth, young adults, and families, but across the systems that support them.

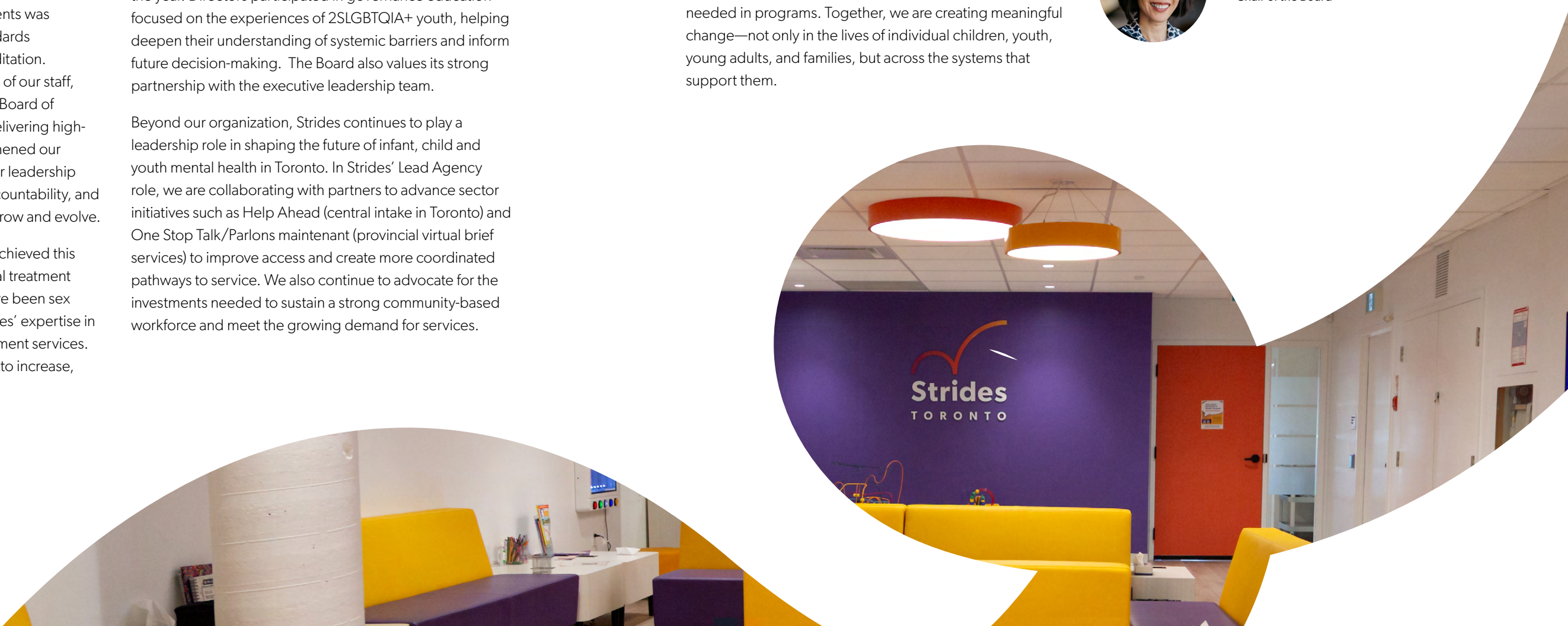
As we look to the future, we remain committed to advancing care, shaping futures, and building a city where every infant, child, youth, young adult, and family has the opportunity to thrive.



Janet McCrimmon
President and CEO



Donna Chow
Chair of the Board



Strengthening Quality and Accessibility

Delivering an exceptional client experience requires more than high-quality services—it requires systems, practices and resources that ensure every individual and family feels supported, informed and welcomed.



This year, Strides Toronto made significant strides in strengthening both the quality of its services and the accessibility of information, helping to create more equitable, responsive and client-centred experiences for the diverse communities we serve.

Making Services More Accessible Through Translation

Language should never be a barrier to accessing support. This fiscal year, Strides Toronto translated 54 documents into the six predominant languages spoken in the communities it serves: Tamil, Arabic, Simplified Chinese, French, Spanish and Tagalog. The organization also expanded interpretation services across more than 20 programs, providing telephone, video and in-person interpretation in more than 300 languages, including American Sign Language.

By offering information and services in clients' preferred languages, Strides is helping children, youth and families better understand available supports, navigate services, make informed decisions about their care and successfully engage in service delivery. These efforts reduce barriers, strengthen trust and engagement, and help ensure services are accessible, welcoming and responsive to the diverse communities Strides serves.

Accreditation: A Commitment to Excellence

This year, Strides Toronto achieved full accreditation from the Canadian Centre for Accreditation (CCA), earning a perfect score of 100% across all mandatory and leading practice standards. The review recognized the organization's high-quality services, meaningful youth engagement, strong governance and leadership, and deep commitment to equity, accessibility and continuous improvement. Achieving this milestone required the collective efforts of staff, leadership and the Board of Directors, reflecting a shared commitment to excellence across every area of the organization.

Accreditation provides independent validation that Strides is delivering safe, effective and client-centred services while maintaining the highest standards of quality and accountability. It strengthens confidence among clients, families, funders and community partners, while reinforcing the organization's ability to provide responsive care that meets the evolving needs of the communities it serves. Most importantly, it helps ensure that every client can expect a consistent, high-quality experience from their first point of contact through their entire service journey.



32

LANGUAGES SPOKEN
BY OUR STAFF TEAM

Mental Health Services

Expanding Access. Strengthening Communities.

Children and families facing complex mental health challenges now have access to a new model of care designed to provide intensive support where it can have the greatest impact—at home.

The Intensive In-Home Treatment (IIHT) Program brings treatment directly into family homes, helping children receive support where they live, learn, and grow. Individual Family Support Workers provide coaching during critical parts of a family's daily routine, helping children and caregivers build skills, strengthen relationships, and navigate challenges together. By embedding support in real-life settings, families can immediately apply new strategies to create lasting change.

The impact has been immediate. In just six months, the program served the same number of clients that would have been supported over a five-year period under the previous live-in treatment model. The new approach also allows Strides to reach children and families earlier, including those who may not have been eligible for traditional live-in treatment services.

This year also marked the opening of a new Sensory Motor Arousal Regulation Therapy (SMART) room at our Eglinton location. Designed for children and youth who have experienced trauma, the space offers movement- and sensory-based therapeutic interventions that help clients develop emotional regulation skills while feeling safe, supported, and engaged in treatment.

Access to timely mental health support was further strengthened through a new investment from the RBC Foundation. The two-year commitment will support Strides Toronto in better integrating its What's up Walk-In and Youth Wellness Hub services, helping ensure that transition-aged youth (18 – 25) can seamlessly access single-session counselling along with on-going mental health and community supports when needed. By strengthening connections between these services, Strides is creating a more coordinated and responsive experience for young adults.



2,470
UNIQUE CLIENTS SERVED IN
MENTAL HEALTH SERVICES

Autism and Developmental Services

Expanding Opportunities for Children, Youth, and Families

Families accessing autism and developmental services are benefiting from expanded supports, greater flexibility, and new opportunities that help children and youth build skills and achieve their goals.

Greater flexibility for families was achieved through the expansion of Urgent Response Services, which now includes Saturday respite and extended evening service hours. The Outreach and Education Team also introduced Saturday programming, making it easier for families to participate in workshops, events, and community learning opportunities.

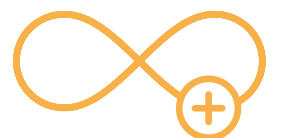
More families can now access early learning supports closer to home following the relocation of an Entry to School classroom to our Middlefield location. By bringing the program closer to where families live, more children can benefit from experiences that help prepare them for a successful transition to school.

Community partnerships are creating meaningful opportunities for children and youth to explore new interests, develop skills, and gain confidence. Through our collaboration with First Robotics Canada, participants engaged in adapted First Lego League Challenge activities that encouraged creativity, teamwork, problem-solving, and technology-based learning.

New employment pathways were also created through a partnership with Old Navy at Scarborough Town Centre. Participants in our Applied Behavioural Analysis Employment Program gained valuable workplace experience through hands-on retail training and volunteer placements, building confidence and practical employment skills in a supportive environment. For one participant, that experience led directly to part-time employment—an important milestone on the path toward greater independence and community participation.

3,647

UNIQUE CLIENTS SERVED IN
AUTISM & DEVELOPMENTAL
SERVICES



“My son has become more independent, and his social skills have improved tremendously. Before, he rarely interacted with other children, including his siblings.”

– RIDDHI, PARENT

Client Story

Riddhi and Her Son's Journey

When Riddhi's son was diagnosed with autism spectrum disorder just before his third birthday, she found herself searching for answers. At the time, he was unable to express himself.

"He wasn't saying any words and was completely non-verbal. My biggest concern was how he would let us know what he needed."

Following the diagnosis, Riddhi's doctor provided a list of agencies that could support her family. She contacted Strides Toronto, where her son began speech therapy before being referred to the Entry to School program. Designed for young children with autism, the program helps build the skills needed to transition successfully to school. Through the program, Riddhi was also introduced to Family Foundational Services workshops, which she embraced wholeheartedly.

"I attended every workshop I could. I kept a diary of what I learned and applied those strategies in our daily life."



The workshops gave Riddhi a deeper understanding of autism, communication development, and how to create opportunities for her son to express himself. She learned practical strategies, such as using visual supports and adapting her home environment to encourage communication and independence, rather than anticipating his every need.

As her son progressed through the Entry to School program, he learned to participate in group activities, follow instructions, clean up after himself, and gradually adjust to a classroom setting.

"I was amazed by the results."

Today, the changes are remarkable. Her son communicates his wants and needs, participates at school, sings songs and nursery rhymes, and enjoys playing and interacting with his siblings. "My son has become more independent, and his social skills have improved tremendously. Before, he rarely interacted with other children, including his siblings."

For Riddhi, the programs have provided more than support for her son—they have given her the knowledge and confidence to help him thrive. Looking ahead, she remains optimistic about his future and is committed to continuing the journey.

"He has come a long way. I believe he will continue to grow and thrive as we keep participating in these services."



Community Services

Expanding Access, Strengthening Connections

Children, youth, young adults, and families are benefiting from more accessible, inclusive, and responsive community-based supports designed to meet emerging needs across our communities.

Youth facing complex challenges are gaining access to enhanced prevention, outreach, and intervention services through the evolution of the Community Response to Exploitation and Sex Trafficking (CREST) program and the introduction of Responsive Outreach and Community Supports (ROCKS). Together, these initiatives are helping young people and families connect with support earlier and creating pathways to care before challenges escalate.

One of the most innovative initiatives to emerge from ROCKS was the Young Men and Boys Group, a prevention-focused program designed to help participants explore healthy masculinity, build emotional awareness, and develop positive peer relationships. Through activities ranging from recreation and arts-based learning to discussions about mental health, relationships, and identity, participants developed valuable life skills while building a sense of belonging and community. The program also highlighted an important service gap, demonstrating the need for dedicated spaces where young men can learn, connect, and thrive.



6,562

UNIQUE CLIENTS SERVED
IN COMMUNITY SERVICES

Access to integrated care was further strengthened through the relocation of the Toronto East Youth Wellness Hub to Access Point on the Danforth, a multiservice community hub. Informed by extensive community consultation, youth engagement, and neighbourhood analysis, the new location brings multiple service providers together under one roof in a transit-accessible setting. By creating a more welcoming and coordinated service environment, youth can more easily access the supports they need while benefiting from stronger connections between community partners.

Building on our commitment to equitable access, Strides expanded specialized mental health supports for equity-deserving communities through new funding from Ontario Health. New therapist/counsellor positions were introduced to provide culturally responsive care for Black children and youth, as well as dedicated supports for 2SLGBTQIA+ youth. These services help ensure that young people can access care that recognizes and affirms their identities, lived experiences, and strengths.

Client Story Tamreen

As they prepared to welcome their first child, Tamreen and her husband found themselves navigating pregnancy and parenthood on their own.

“It’s just my husband and me here, and it’s our first baby,” she says. “And there’s actually a lot to learn about babies.”

Looking for guidance, the couple enrolled in virtual prenatal classes, but Tamreen found that online learning did not provide the practical, hands-on experience she was looking for. That changed when they were referred to Strides Toronto’s Growing Healthy Together program at the Malvern Family Resource Centre.

The program’s in-person format gave Tamreen the opportunity to learn directly from staff and guest speakers about pregnancy, childbirth, infant care, and early parenting. One session especially left a lasting impression. During a breastfeeding workshop led by a public health nurse, participants were given a hands-on demonstration using dolls to practice techniques and build confidence.



“They showed me exactly what to do. The hands-on experience gave me the confidence I needed as a first-time parent.”

“They showed me exactly what to do. The hands-on experience gave me the confidence I needed as a first-time parent,” she says.

As the program continued after her daughter was born, Tamreen gained practical knowledge about childbirth, prenatal care, and what to expect during delivery. She also learned about community resources, including the Toronto Birth Centre, helping her feel more informed and confident as a new parent.

The support did not end once her baby arrived. Since giving birth in early 2026, Tamreen has continued to access the program’s postnatal services. Staff have helped answer questions about infant feeding and provided opportunities to connect with other new parents experiencing similar challenges and joys.

Today, Tamreen remains grateful for the guidance and community she found through Growing Healthy Together. Having experienced first-hand the challenges of becoming a parent in a new country, she is eager to share what she has learned with others.

“If I see someone who is pregnant, I’m going to tell them about the topics that are discussed here,” Tamreen says. “As I am an immigrant here, I didn’t know many things. I got to learn them here.”

Celebrating 20 Years of the Provincial Youth Outreach Worker Program

This year marked a significant milestone for the Provincial Youth Outreach Worker (PYOW) Program as it celebrated its 20th anniversary. Established in 2006 through Ontario's Youth Opportunities Strategy, the program was created in response to growing concerns about youth violence and the need for stronger community-based supports for marginalized young people. Strides Toronto, then East Metro Youth Services, was proud to be a founding partner in the initiative, helping to build a model focused on meeting youth where they are and connecting them to opportunities, resources and support.

Over the past two decades, PYOW has evolved from a program serving a handful of priority neighbourhoods into a province-wide network of dedicated outreach workers supporting youth and families across Ontario. Grounded in prevention, relationship-building and community presence, the program continues to help young people navigate challenges related to education, employment, housing, mental health and other social determinants of health. Throughout its growth, PYOW has remained committed to fostering positive outcomes by building trust, strengthening connections and creating pathways to opportunity.

As the program looks to the future, it continues to adapt to the increasingly complex needs facing youth and communities. Today's outreach workers play a critical role in responding to a broad range of challenges while advocating for the resources and supports young people need to thrive. The 20th anniversary provided an opportunity to reflect on the program's impact, celebrate the dedication of outreach workers across the province, and reaffirm a shared commitment to supporting youth for generations to come.



9,846

UNIQUE CLIENTS RECEIVED
PYOW SERVICES IN ONTARIO

"Attending the program gave me a boost in my confidence."

Client Story Sayedun

When Sayedun first arrived in Canada from Bangladesh with her family at the age of 17, she was hesitant to step outside of her comfort zone. A friend encouraged her to join Strides Toronto's Newcomer Youth Empowerment Program (NYEP), but Sayedun was nervous about speaking English outside of school and wasn't sure the program was right for her.

Eventually, she decided to give it a chance. She and her younger brother attended a Halloween event hosted by NYEP, where they were welcomed warmly by staff and quickly felt at ease. What began as a single visit soon became a regular part of their lives.

"The staff made us feel so welcomed," she says. "Honestly, attending the program gave me a boost in my confidence."

As her confidence grew, so did her involvement. Through NYEP, Sayedun participated in field trips, workshops, and group activities that helped her build new skills and meaningful connections. A visit to Canada's Wonderland

remains one of her favourite memories, while job-preparation and resume-writing workshops helped prepare her for the future. She also completed her high school volunteer hours through the program and formed friendships with other newcomer youth from around the world.

The impact extended beyond Sayedun herself. Her mother saw positive changes in both Sayedun and her brother and encouraged them to continue participating.

"She felt that the program truly made a difference in our lives," Sayedun says.

Today, Sayedun is preparing for an exciting new chapter. After graduating from high school, she will begin her studies at Toronto Metropolitan University. Despite a busy schedule, she continues to stay connected to NYEP and the staff who supported her journey, often reaching out for guidance when she needs it.

"I'm really, really grateful to all the people there," Sayedun says. "They've been a very great help for me."





1,847

UNIQUE CLIENTS
RECEIVED HELP AHEAD
SERVICES AT
STRIDES TORONTO

Help Ahead: Turning Collaboration into Action

Since its launch in 2023, Help Ahead has been transforming how children, youth, and families access mental health services across Toronto. Building on the implementation of coordinated access for intensive services, Strides is implementing Phase 2 of Help Ahead, expanding the model to include counselling and therapy, brief services, as well as family and caregiver capacity-building supports across Toronto's network of 22 core service providers.

As the Lead Agency for Infant, Child, and Youth Mental Health in Toronto, Strides has spent the past year working with community partners to prepare the system for this next phase. Together, partners have redefined operational processes and developed standardized approaches to waitlist management. These activities are helping ensure children, youth, and families experience a more consistent and coordinated journey to care.

Behind the scenes, implementation planning has focused on building the processes, and structure needed to support successful transition to Phase 2. These efforts are strengthening collaboration across the sector while laying the foundation for a more seamless experience for families seeking mental health services.

When fully implemented in Fall 2026, Help Ahead Phase 2 will provide a single coordinated pathway to a broader range of community mental health services across Toronto. Families will spend less time navigating multiple intake processes and more time connecting with the supports that best meet their needs.

As implementation continues, Help Ahead is demonstrating how strong partnerships, shared leadership, and thoughtful planning can turn a bold vision into meaningful improvements for children, youth, and families.

Financials

Year ended March 31

Revenue

- Ministry of Health
- Ministry of Children, Community and Social Services
- City of Toronto
- Federal Government
- Surrey Place
- Special programs
- Fee for service
- Investment income
- Donations and fundraising
- Other

2026

21,354,918
6,378,033
1,815,304
1,146,223
6,245,818
3,659,191
3,631,835
561,218
69,836
–

2025

20,600,345
5,704,953
1,776,471
1,062,152
6,318,266
3,543,600
3,270,458
724,444
34,747
41,969

TOTAL REVENUE

\$44,862,376

\$43,077,405

Expenses

- Salaries and wages
- Employee benefits
- Purchased client services
- Contracted-out services
- Rent
- Travel and communication
- Other services
- Repairs and maintenance
- Other supplies and equipment
- Training costs
- Insurance
- IT - supplies and equipment
- Utilities

2026

24,492,300
4,972,389
3,997,494
3,413,713
2,623,837
2,214,774
940,150
585,176
583,570
379,649
287,961
156,884
65,300

2025

24,321,293
4,439,134
3,836,146
3,272,958
2,074,319
2,552,054
778,917
410,306
520,504
730,043
227,558
131,236
67,709

TOTAL EXPENSES

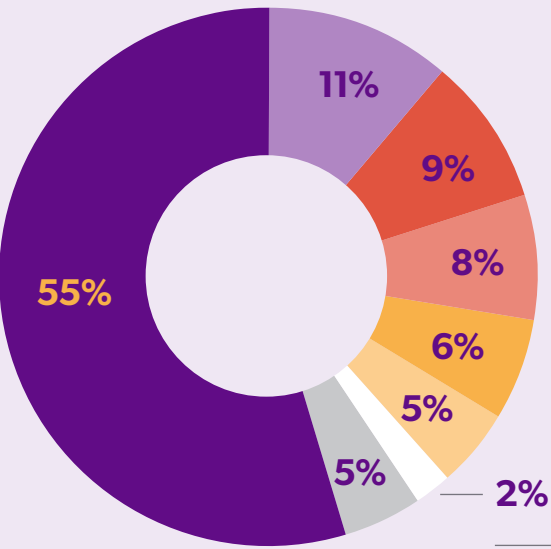
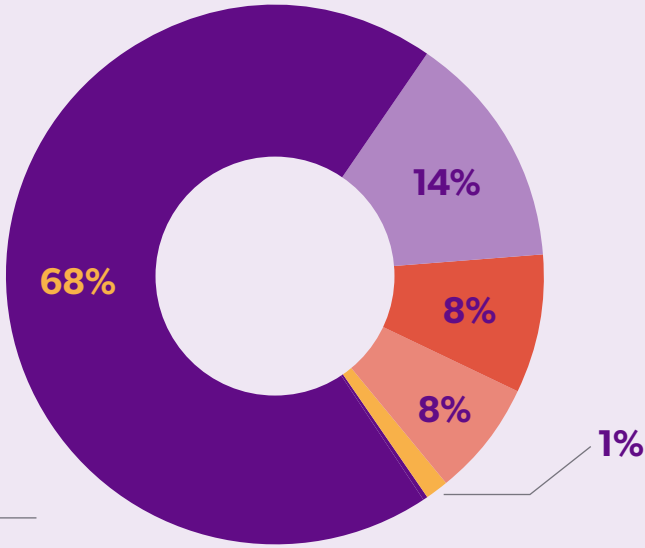
\$44,713,197

\$43,362,177

Revenue

- Government grants
- Surrey Place funding
- Special programs funding
- Fee for service
- Investment income
- Donations and fundraising — less than 1%; not visible on chart

Chart percentages are rounded to the nearest whole number.



Expenses

- Salaries and wages
- Employee benefits
- Purchased client services
- Contracted-out services
- Rent
- Travel, communication and other expenses
- Other services
- Other expenses — each less than 1%; grouped for visibility on the chart

Other Items

- Unrealized gain from investments
- Amortization of property and equipment
- Amortization of deferred capital contributions
- Amortization of lease inducements

TOTAL OTHER ITEMS

2026

127,517
(1,315,246)
900,793
413,292

2025

192,327
(1,169,806)
1,169,806
–

Revenue Over Expenses

EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES

2026

\$275,535

2025

\$(92,445)

Our Funders and Donors

We extend our deepest gratitude to our funders and every individual, family, foundation, and corporate partner who supported our organization this year. Your generosity makes our work possible and enables us to continue advancing our mission, serving our community, and creating meaningful change.

Funders

Catholic Children’s Aid Society of Toronto
Centre for Addiction and Mental Health
City of Toronto
Els for Autism Canada
Immigration, Refugees and Citizenship Canada
Knowledge Institute on Child and Youth Mental Health and Addictions
Malvern Family Resource Centre
Michael Garron Hospital
Ministry of Children, Community and Social Services
Ministry of Health
Ministry of Sport
Ontario Health
Operation Springboard
Public Health Agency of Canada
RBC Foundation
Slaight Family Foundation
Surrey Place
Toronto Respite Network
United Way of Greater Toronto
University of Toronto

Donors

- \$25,000+**
Anonymous
Radial Engineering Ltd
- \$10,000 TO \$24,999**
The Gary Whitelaw and Linda Mollenhauer Foundation
- \$1,000 TO \$9,999**
The Balfour Impact Foundation
Estate of Margaret Wood
Janet McCrimmon
Jennifer A. Williams
Judy and Paul Huyer
Scarborough Town Centre
Old Navy Team
Nicole Swartout
- \$500 TO \$999**
Anastasia Giannaris
Jason Pilz
Lauren Dade
- \$200 TO \$499**
Laura Jamer
Nancy Schmidt
Noel Sou
Parag Shah
Paul Van de Laar
Sibel Cicek
- UP TO \$199**
Abigael Castro
Alex Reid
Bicom Inc.
Bryan Heal
Cynthia J D’Alleva
Egidius Hermesen
Jennifer Tassopoulos
Karen Feder
Karen Medeiros
Kate Mitchell
Leigh Armour
Lin Sallay
Linda Brightling
Loriane Bairstow
Lillian Desorcy
Mechaela Alfonso
Nadia Sahadeo
Nicole Burke
Preeti Varma
Ragaven Sabaratnam
Ross Ridout
Simon Berkowitz
Tam O’Shanter Public School
Vidya Rajasingam
Zannalyn Robest

Thank You!

The Board of Directors and leadership team wish to express their deepest appreciation to our staff for their exceptional commitment and service throughout the year. Their expertise, innovation, and dedication have enabled us to advance our mission, strengthen our programs, and respond effectively to the evolving needs of our community. We thank them for their outstanding contributions and continued excellence. Special recognition to the employees who celebrated service awards this year!

- 45 YEARS**
Lisa Milligan, Community Child Therapist - Mental Health
- 40 YEARS**
Cecelia Martin, Community Child Therapist Community Services
- 35 YEARS**
Pat Leclair, Senior Manager, Autism and Developmental Services
Shane Hubert, Child & Youth Care Practitioner Day Treatment
- 25 YEARS**
Leigh Armour, Manager, Brief Services
Kathleen Jobin, Manager, Intensive In-Home Services
Sherry Hastie, Communicative Disorders Assistant
Norma Sockett DiMarco, Manager, Counselling and Therapy Services
Maduka Nirmalan, Financial Coordinator
Emma Aspinall, Developmental Services Worker
- 20 YEARS**
Ian Physick, Respite Worker
May Lam, Classroom Facilitator 2
Nathan Hill, Family and Community Worker
Jennifer Uger, Transition Facilitator
- 15 YEARS**
Sabrina Samsudeen, Director, Mental Health Systems
Edyta Latuszek, Early Childhood Education Therapist
Erin Physick, Director, Mental Health Services

- 10 YEARS**
Agnes Podbielska, Child & Youth Care Practitioner Day Treatment
Kendra Fallon, Manager, Entry to School
Zarifa Hamidi, Program Assistant
Janet McCrimmon, President and Chief Executive Officer
Maria Kollias, Child & Youth Care Practitioner Day Treatment
Sean Mauricette, Multimedia Program Worker
Rohullah Azizi, Systems Administrator
Chanece Graham, Child & Youth Care Practitioner Day Treatment
Kate Araniyasundaran, Speech and Language Pathologist
- 5 YEARS**
Varsha Kanattil Suresh, Systems Administrator
Brittany Demas, Manager, Human Resources
Bernard Ntansah, Project Co-Ordinator
Rich Holt, Executive Assistant
Anubha Phillip, Project Co-Ordinator
Vana Micha, Child Care Consultant
Poni Modi, Community Outreach Worker
Karen Thrussell, HRIS, Payroll and Benefits Specialist
Elliott Yeung, Manager, Intensive Treatment Services
Shadan Hyder, Manager - One Stop Talk
Chantelle Wilson, Developmental Services Worker
Nick Foglia, Senior Manager, Marketing and Communications
Alison Beaulieu, Service Navigator
Ahila Thayaparan, Speech and Language Pathologist
Eleanor Page, Human Resources Associate
Kenisha Felix, Intensive Behaviour Therapist
Tammy Lou, Applied Behaviour Analysis Therapist
Lu Wei, Child Care Consultant

Have a question?

Want more information?

Go to **StridesToronto.ca** or email
contactus@stridesutoronto.ca

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Helping children, youth
and families thrive